

Working with all your selves

Experience an extraordinary Voice Dialogue training

25, 26, 27 September 2016 in the *Karavanserai Amsterdam*

Trainer: Maria Daniels

Co-trainers: Liesbeth Halbertsma and Margreet Renkens

From psychological theory to greater self awareness

Our psyche consists of several sub-personalities. All have their own feelings, thoughts, behaviors and histories. Some of them may get the upper hand, not allowing others to be known or heard. For example, the voice of our 'inner critic' may drown out the presence of a 'free creative spirit', causing that sub personality to decline.

By using the skills of Voice Dialogue you can energetically and naturally commune with your inner family of sub-personalities, inviting them to reveal themselves, their characters and appearances. Each one will have a unique energetic presence. Voice Dialogue allows you to experience your inner 'voices' at a deep level.

Voice Dialogue will bring you clarity, acceptance and new sources of energy. Distortions and deformities in sub personalities will dissolve and heal by accessing the causes from which they originated. By inviting familiar and less familiar voices to take the stage you can renew and rebuild your relationship with them. All this will give you greater inner freedom and flexibility.

Voice Dialogue offers you a broad spectrum of application: from a practical way to understand and deepen your relationships with yourself and others; to helping you explore the mysteries of your inner psyche. During the course we will shed as much light as possible on this whole spectrum and tailor this according to your needs.

In the three days of the course, Maria Daniels will concentrate on the transformative power and energetic effect of Voice Dialogue. Through encounters, self analysis and application of insights, she will engage you in a captivating and inspiring exploration that will be of great value for you personally and professionally.

Background Voice Dialogue

The theoretical foundation of the course comes from Carl Jung's analytical psychology and is inspired by the work of Hal and Sidra Stone in the USA. As Jungian psychotherapists Hal and Sidra used a rich set of ideas from Jungian practice such as dream-work, archetypes and the role of the subconscious. They noticed how conversing with clients' sub personalities could help alleviate problems. Over time their practice evolved by merging Voice Dialogue and Jungian psychology to enable their clients to understand how multiple inner voices could positively influence their relationships.

Interested? Let me know and I will call you for a further conversation.

INFORMATION

Price	€ 950,- (excl. VAT)
Date	25 – 26 – 27 September 2016
Time	9.30am to 7.30pm each day
Group	Maximum 12 participants
Language	English or Dutch
Information & Intake	Caroline van Frankenhuyzen cvanfrankenhuyzen@gmail.com 0031 6 51100945
Venue	www.karavanserai.amsterdam
Trainer	www.mariadaniels.nl



Caroline



Maria